



The Emotional Employment project



Emotions influence everything we do.

Our actions are influenced by our thoughts, which are influenced by our emotions.

Emotions have a big part in how we handle different situations. If we had a bad job interview, we might be sad or angry about it. These emotions might have an impact on how we feel towards the next job interview in a negative way. In order to manage these emotions, we have to learn how to recognize them and use them to our advantage.

We want to offer solutions by showing the importance of the application of **Emotional Intelligence (EI) tools**, skills and strategies for **job counsellors** and **job searchers**.

Studies have found that organizations with high Emotional Intelligence are associated with **increased productivity, higher engagement levels, lower turnover rates and increased market share.**

Objectives

- Develop a training system to manage and teach emotional skills in job counselling
- Develop a toolbox containing several training tools dedicated to job searchers in order to self-manage the main emotional skills involved in the searching process to keep an operative emotional state
- Combine an online Open Educational Resource training system with offline material and face-to-face training and mentoring programme
- Raise awareness of the importance of Emotional Intelligence skills in a new economic model and a new working world

Targets

- Job counsellors
- Job searchers
- Employment centers
- Training centers

Results

Counsellors in emotions training

Training system to manage and teach emotional skill in job counselling

Right emotions, right jobs toolbox

Toolbox containing several training tools dedicated to job searchers. This toolbox will help job searchers to self-manage the emotional skills involved in the searching process

Find out more!

 Emotional Employment  www.emotional-employment.eu



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Want to get involved?

Join us and take part in our trainings to learn how to use Emotional Intelligence in job searching and counselling.

For more information get in touch with the representative in your country.



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EMOTIONAL EMPLOYMENT

Improving emotional intelligence for job counsellors and job seekers

